



# Dene Tha' First Nation

## EMERGENCY MANAGEMENT TEAM COVID-19 Response Matrix

Showing symptoms of COVID-19 and/or having had a direct contact with confirmed case of COVID-19 – testing done by Health team



### COVID-19 Confirmed Positive

- Public Health Nurse notifies **you** directly of your test result.
- Public Health Nurse gives the public health orders for time-period to isolate and/or quarantine orders for household members.
- Public Health Nurse and/or Health team initiates contact tracing with confirmed positive case (s).
- Health team provides self-care guidelines while in isolation, information packages and additional supports available to **you** by the DTFN EMT.
- Health team provides medical supports, daily monitoring and follow-up with client (s)

### Analyze and Report

- EMT gets notified by Public Health Nurse due to privacy & confidentiality of client, no names are shared with EMT only number of cases in household and community impacted.
- EMT calls for virtual emergency meeting to ensure all EMT members are apprised of the number of new cases and/or outbreaks.
- Rapid response plans are reviewed, revised and activated under the direction of EMT.
- EMT identifies potential impacts on the community and follow-up.
- Health Team informs EMT on a weekly basis of the number of households that request support while in isolation or quarantine.
- Public Health Nurse and/or Health team informs EMT if household request supports while in isolation and/or quarantine.
- EMT will open isolation centres with recommendations from MOH, Health Team, Public Health Nurses, other health consultants.

### Contain, Monitoring & Actions

- Supports are activated; food, water, medication, personal protective equipment (PPE), health kits provided to household during the period of isolation/quarantine orders.
- All essential services continue to household, health supports, mental health supports, water, vacuum services, garbage disposal, necessary repairs.
- Isolation centres will operate under the management of designated individuals (if activated).
- Public Health Nurse and/or Health team ongoing daily monitoring, and medical supports.
- Public health orders continue at household until orders are lifted by Health officials.
- Isolation hotels are available at nearest location in Peace River if you cannot safely isolate in your home. This is a personal responsibility to contact the number for arrangements for hotel (refer to contact information) and transportation arrangement.
- EMT on-call supports provided to household (refer to list)
- Security supports for households are activated only if requested by household.
- Security supports will inform RCMP only when they see a law being broken.
- Security supports will inform EMT of community member's overall adherence to physical distancing and wearing masks.



- The Health Team under directions of the Public Health Nurse will provide case management of those in isolation or quarantine which includes when individuals no longer have to be in isolation or quarantine.
- Appropriate medical, food, water, PPE, health kits and essential services will be offered throughout the quarantine and isolation periods.
- Numbers of people in quarantine, in isolation, in hospital, in ICU and recovered will continue to be reported to the EMT on a weekly basis.
- The EMT are informed of orders lifted and recovery.



- Ongoing weekly meetings and/or Emergency meetings by EMT; review responses, updates, supports review, additional actions taken.
- Weekly COVID-19 statistic updates completion, compiled with information received from Public Health Nurse and/or Health teams and input, updates provided to DTFN members via website, social media, information posts, etc.
- EMT continues to monitor the COVID-19 situation in DTFN, Mackenzie County and Province of Alberta. Respond and mitigate accordingly.
- DTFN Mandatory Safety Measures and Restrictions updates to members and adjust to changes within the Province of Alberta Public Health Measures.
- EMT continues with response plans to detect, respond to, and minimize the impact of COVID-19 in DTFN communities. Continue protecting the health and safety of community members.
- Continue with education to members to prevent and control the spread of COVID-19.
- Continue advising members to practice all public health measures, this will ensure we are all doing our part in limiting and stopping the spread of COVID-19.

**Supports, addition information and list of contacts:**

- [www.alberta.ca/covid19](http://www.alberta.ca/covid19)
- Mental Health Supports: Emergencies: 911
  - For someone local who is understanding to talk to: 780-926-0500
  - Alberta Mental Health Helpline: 1-877-303-2642 Tollfree, 24/7
  - High Level Hospital Mental Health Counselling: 780-841-3229
  - Kids Helpline: 800-668-6868 24/7 or Text: 686868
- 911 for all emergencies including COVID-19 (if symptoms are getting worse during your isolation period)
- 811 for Health Link Alberta
- 211 directly to inquire and request designated hotels nearby. Clients must call directly.
- Meander River & Bushe River Public Health 780-821-0238
- Chateh Public Health 780-321-3971
- DTFN Crisis Response Team 780-841-1265

EMERGENCY TEAM MEMBER	TEAM ROLE	CONTACT INFORMATION
Andrea Godin	Director of Emergency Management COVID-19	780.926.9432
Chief James Ahnassay	Inter-Government/Official Communications/Media	780.502.2000
Linda Semansha	Deputy Director of Emergency Management - Chateh	780.841.1265
Stephen Ahnassay	Deputy Director of Emergency Management - Bushe River	780.841.9572
Delbert Salopree	Deputy Director of Emergency Management - Meander River	780.926.1241
Stephen Ahnassay	Operations Services	780.841.9572
Rhonda Lizotte	Finance Services	780.841.8400
Josephine Natannah	Health Services	780.841.4923
Tina Semantha	Emergency Social Services	780.841.5660
Lori Aliche	Education Services	780.926.0500
Jamie Natannah	Emergency Communications	780.841.7587

## Isolation & Quarantine Requirements: Legal requirements in Alberta

**ISOLATE** means remain alone or apart from others to avoid spreading the illness.

**Addition things to do while in isolation at home:**

- Do not share household items like dishes, drinking glasses, cups, eating utensils, towels, blankets and pillows. After using these, wash them very well with soap and water, place in the dishwasher for cleaning, or wash in the washing machine.
- Use a separate bathroom, if possible. If not possible, put the toilet lid down before flushing. Clean and disinfect bathroom (all surfaces and light switches, taps, door handles) after use. Do not share towels.
- Use a separate bedroom, if possible. If not possible, try to keep two metres apart, sleep head to toe or hang a sheet to separate from others.

- **Isolate for 10 days** if you test positive for COVID-19 or have any symptoms such as a fever, cough or sore throat that are not related to a pre-existing illness other health condition.
- *Children under 18 are exempt from mandatory isolation for runny nose or sore throat but should stay home until well.*

**QUARANTINE:** is a precautionary isolation measure to help prevent the spread of illness. You must stay at home and stay in your house away from others for 14 days. You need to get someone to do your shopping, etc. You are required to stay home and not go anywhere.

- **Quarantine for 14 days – You are legally required to quarantine** if you have been in close contact with someone with COVID-19 or if you travelled outside Canada. You may have been exposed but do not have symptoms which may develop. This time allows you to watch for symptoms.
- **Why do we need to isolate or quarantine?** Isolating and quarantining help prevent the spread of COVID-19 by reducing the number of people you could infect if you are sick. Both require staying home and avoiding situations where the virus could spread. COVID-19 can take up to 14 days to cause symptoms. Some people who get it only have minor symptoms or do not have any symptoms at all but could still be infectious. By staying home for the 14 days, it lowers the chance of spreading the virus to others, who could be fatally infected. By keeping ourselves at home, we are keeping others in our communities safe. **YOUR FAMILY’S HEALTH DEPENDS UPON YOUR ACTIONS.**
- **If you have symptoms**, take the online assessment to arrange testing or contact your local health clinic. Use this self-assessment tool to help determine whether you need to be tested for COVID-19. You can complete this assessment for yourself or on behalf of someone else if they are not able.
- **Essential Supplies of Food, water and medical:** If a health order is issued to quarantine a household, appropriate medical attention, food, and supplies will be provided to the family by approved workers. Do not be afraid to reach out for support.

### **DEFINITIONS:**

- Public Health Nurse – from Chateh Health Centre or North Peace Tribal Council
- Health Team – Public Health Nurse or designate. A designate could be a CHR or Nurse in Charge.