



Dene Tha' First Nation
EMERGENCY MANAGEMENT TEAM
COVID-19

FLU CLINIC FOR BUSHE RIVER MEMBERS & RESIDENTS

PUBLIC NOTICE – NOVEMBER 27, 2020

The following date is scheduled for Flu Clinic for Bushe River:

Flu Clinic for Bushe River MEMBERS AND RESIDENTS

December 3, 2020 Four Chiefs Complex from 1:00 PM to 4:00 PM.

To access the flu clinic please use the side entrance into the
Conference Room

FLU SEASON DURING COVID-19: WHY GETTING THE FLU VACCINE IS MORE IMPORTANT THAN EVER THIS YEAR

- Why get the flu vaccine?
 - New **flu vaccines** are released **every year** to keep up with rapidly adapting **flu** viruses. When you **get** vaccinated, your immune system produces antibodies to protect you from the viruses included in the **vaccine**. But antibody levels may decline over time — another reason to **get a flu shot every year**.
 - As the COVID-19 pandemic continues into the fall and winter, the increased spread of influenza — more commonly known as the flu — creates a new challenge for healthcare practitioners.
 - The coexistence of two contagious respiratory viruses with similar symptoms has the potential to overwhelm healthcare systems and lead to serious, potentially life-threatening illness in individuals
 - As a result, we must use every scientifically backed tool at our disposal to limit the spread of viruses during this time of year.
 - This includes **getting the flu vaccine**, a vaccine that protects the body from the influenza virus and is strongly recommended annually for anyone more than six months old.
 - The vaccine is free and can be received through **family doctors, participating pharmacies or public clinics**.
 - It remains a strong line of defence for you, other's and health system.
 - It's good sense to try to use all the resources available, especially as work continues internationally toward a COVID-19 vaccine."

Stay Safe & Stay Healthy
#DTFN STRONG