



## Eagle Canada

### Field Gear Recommendation List

- 1) Boots that come up high on your legs, thermal insole, good ankle support, no leather, no steel toes unless boots properly insulated for them, good brands of boots to buy: Baffins, Dunlop, Windriver -70's, arctic tundra boots
- 2) Balaclava or other good facial protection (wool or thinsulate etc) / scarf
- 3) Gloves should be well insulated, multiple pairs, material easy for cables to slide through
- 4) Hat should be warm and cover most of your head, should be a material that won't retain water
- 5) Insulated coveralls or snow pants that come over top of your boots and will not retain water, long-johns for extra layers depending on where your crew's located.
- 6) Should layer t-shirts under sweaters, clothing can be shed if needed
- 7) Wool socks are recommended, spare socks in pack in case the ones you're wearing get wet
- 8) Good back pack to carry extra articles of clothing and food. Pack is also good for support when horse-collaring cables.
- 9) Well insulated coat that's rain proof and will not retain water.
- 10) Safety Glasses (provided by company and deducted off first pay cheque-\$6.25)
- 11) Safety Vest (provided by company and deducted off first pay cheque-\$50.00)
- 12) Skull Beam (provided by company and deducted off first pay cheque-\$45.00)

### Personal Identification

- 1) \$100 cash
- 2) Interac / Credit card
- 3) Long distance phone card / Cell phone airtime card
- 4) Drivers Licence
- 5) Driving Abstract (If you plan to be a registered Eagle driver)
- 6) Medical Health Care Number (from your province)
- 7) Void Cheque for direct deposit information



## **Eagle Canada**

### **Personal**

- 1) Alarm clock
- 2) Back Pack
- 3) Face cream (Sunscreen)
- 4) Hand Cream
- 5) Hygiene kit
- 6) Lip balm
- 7) Combination lock
- 8) Long pants
- 9) Long Sleeve shirts
- 10) Nail Cutters
- 11) Shampoo
- 12) Socks (multiple pair)
- 13) Sun glasses
- 14) Tooth brush and tooth paste
- 15) T-shirts
- 16) Underwear
- 17) Wind breaker
- 18) Winter hat / Ball cap

### **Back Pack**

- 1) Extra pair(s) of socks
- 2) Extra pair(s) of gloves
- 3) Lunch
- 4) Sweater with hood
- 5) Water bottle(s)
- 6) Thermos (if needed)